

# Sermon Questions

**\*\*02.17.08\*\***

**Date:** February 17, 2008

**Series:** Body for God

**Scripture:** Various

**Speaker:** Jon Furman

**Title:** Talk #7 – Take it Easy

***\*\*\* These questions are designed as a starting place for your facilitation. We encourage you to look through the sample questions and modify them to your specific group. These questions are not meant to be a comprehensive list but rather a grid to help you start thinking through the talk and how you think your group may have responded towards it. These questions will work better if you have taken notes of specific quotes, ideas and questions from what was said.\*\*\****

- Re-read together the following passages James preached through.
  - **Exodus 20:8-11**
  - **Isaiah 30: 15-16**
  - **Isaiah 58: 13-14**
  
- As the scripture and sermon Jon gave talks about how God wants us to stop and rest with him for a day each week what stood out to you as significant for your life?
  
- Is there any ways that busyness is “killing your heart?” Talk about those as a group. How are they killing your heart? How do you suffer because of the busyness? How do the people around you suffer because of your busyness?
  
- Do you have in your life a weekly Sabbath? If so, what does it look like? If not, what keeps you from honoring this standard God laid out for us?
  
- John talked about how Sabbath is not an issue of working or not working it is about setting side a day to rest and listen to the Lord. How is God speaking to your heart about what you need to do to begin a pattern of rest and focusing on the Lord in your life?